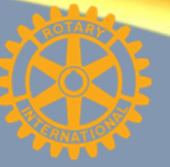


Welcome to the
Pat Farmer Quicksand Run
Sponsor Thank You & Cheque Presentation
7th September 2026

***CREATE
LASTING
IMPACT***



Your Hosts for the Night *Welcome by Mark Cooper*



**Rotary Club of Gosford
North President
Mark Cooper**



**Tonight's Emcee
Central Coast Town Crier
Stephen Clarke**



**Pat Farmer Quicksand Run
Committee Co-Chairman
John Spath**



THE FOUR WAY TEST

OF THE THINGS WE THINK, SAY AND DO

Is it the TRUTH?

Is it FAIR to all concerned?

**Will it build GOODWILL
and better FRIENDSHIPS?**

**Will it be BENEFICIAL to all
concerned?**

ROTARY GRACE

For good food

Great fellowship

And the privilege to serve
through Rotary

We give thanks

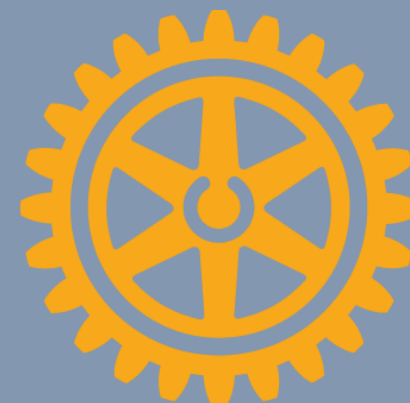
**CREATE
LASTING
IMPACT**

TOAST

**To Australia, Germany
and Rotary
International**



Rotary



The Run

SOKS
Save our Kids from Suicide



QUICKSAND
Central Coast **Australia**

Rotary
Club of Gosford North



SOKS
Save our Kids from Suicide



QUICKSAND
Central Coast **Australia**

Rotary
Club of Gosford North



Pat Farmer AM



QUICKSAND
Central Coast Australia



*A Special thanks to Peter Clarke
(KwikKopy) & Tania Farmer for
their help with the website.*



*Plus, thanks to Pat Farmer's
Quicksand Australia for
supporting this significant
Charity event.*





Thanks To Volunteers & Committee



DINNER IS SERVED

Rotary
Club of Gosford North





Run Results

2KM Run Female	Amelia Morris	15:34:00
2KM Run Male	Jacob Goodworth	11:08:00
5KM Run Female	Hayley Freer	28:58:00
5KM Run Male	Brendon O'Mahony	25:12:00
10KM Run Female	Jenny Naglic	1:26:05
10KM Run Male	Christopher lee	59:29:00
2KM Family Run		
1st	Connor Orbell, Parker Orbell, Sheree Orbell	Avg 15:17:00
2nd	Leo Lenson, Lara Lenson, Brynn Clarke	Avg 16:57:00
2KM Prim School Run Female	Ella Reitsma	10:27:00
2KM Prim School Run Male	Simeon Reitsma	10:44:00
10KM 5 per Relay Open	The Sandbaggers Trevor Fulton, Jamie Hennessy, Changa James, Phil Dixon, Jordan Butler	54:50:00
10KM 5 per Relay Surf Club		
1st	Team Hunter Avoca Sam Wetti, Zac McKay, Tor Manser, Billy Mccarthy, Jasper Hunter	45:53:00
2nd	Terrigal Nippers Paxton Anderson, Leo Milosavljevic, Jack Giuliani, Alvey Lesperance, Anton Richardson	54:30:00
10KM 5 per Relay High School	Terrigal High Nirmala Allan, Ashley Bague, Sofia Ryan, Amelia Morris, Caylee Robbits	1:15:57



The Beneficiaries;

- *SOKS*
- *Terrigal Surf Club*
- *Central Coast Surf Life Saving*
- *Avoca Beach Surf Club*



Cheque Presentation

Terrigal Surf Life Saving Club



Dwayne Roberts
TSLSC



QUICKSAND
Central Coast Australia



Date: 7th September, 2026

PAY : Terrigal Surf Life Saving Club

\$6,000.00

THE SUM OF : *Six Thousand Dollars*

SIGNED: The Rotary Club of Gosford North



Drones (UAVS) in
Surf Lifesaving



Cheque Presentation



Central Coast Surf Life Saving



*Michael Hyslop
CEO CCSLS*

		
Date: 7th September, 2026		
PAY: Central Coast Surf Life Saving		
\$5,000.00		
THE SUM OF : <i>Five Thousand Dollars</i>		
SIGNED: The Rotary Club of Gosford North		



*Remote Area
Rescue Tube Box*



Cheque Presentation

Avoca Beach Surf Club



Skye Marshall



Date: 7th September, 2026

PAY : Avoca Beach Surf Life Saving Club

\$1,000.00

THE SUM OF : *One Thoudand Dollars_*

SIGNED: The Rotary Club of Gosford North





Cheque Presentation



SOKS Save Our Kids From Suicide

		
Date: 7 th September, 2026		
PAY : SOKS		
\$28,000.00		
THE SUM OF : <i>Twenty Eight Thousand Dollars</i>		
SIGNED: The Rotary Club of Gosford North		



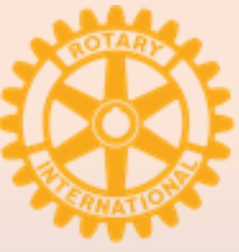
SOKS Update – SOKS Chairman

Adam McArdle





Rotary
Club of Gosford North



SOKS- Save Our Kids from Suicide

Our Mission is to;

Save and enhance the lives of young people on the Central Coast

- *Suicide Prevention*
- *Youth Enrichment*
- *A major Project of the Rotary Club of Gosford North*

2025- 26 Results

- *Suicide Prevention Training Attendees 495*
- *Lives Kept Safe 245*
- *Youth Enrichment Program Attendees 24*

2026-27 Funding Raised

- *Club Grants - \$24,000*
 - *Gosford RSL*
 - *Wyong Golf Club*
- *Quicksand Australia Run - \$28,000*

- *SOKS Project Results 2013 to 2026*
 - *\$1,270,000 raised & donated*
 - *Suicide Prevention Training Attendees 7816*
 - *Number of programs conducted 439*
 - *Lives Kept Safe 1076*
 - *Youth Enrichment Program Attendees 322*

Why are we doing this?

Testimonials

- *Real Life examples - Video*
- *Life Line Direct - Katie Allan*
- *Iris Foundation - Sue Liptrott*





Testimonials from Lifeline

Katie Allan





Testimonials from IRIS Foundation

Sue Liptrott





Youth Enrichment

Mark Cooper – Youth Director



In 2025-26 The rotary Club of Gosford North Sponsored;

- RYLA (Rotary Youth Leadership Awards - 5 Attendees*
- RYPEN (Rotary Program for Youth Enrichment) – 10 Students*
- Engineering Summer School - 4 Students*
- YIPA (Youth in Performing Arts) – 1 Scholarship*
- MUNA (Model United Nations Assembly*



Sponsors & Donors

Without whose help this event would not be a success



Thanks to our sponsors for
their generous support

Proudly supported by
Community Bank
East Gosford, Berowra, Kincumber,
Lisarow and Wyong
B Bendigo Bank



CROSSMULLER

polytec





Thanks to our donors for
their generous support





Major Sponsor – Bendigo Bank

Proudly supported by
Community Bank
East Gosford, Berowra, Kincumber,
Lisarow and Wyong
 **Bendigo Bank**



Michael Bell



Diamond Sponsor – Breakers Country Club



Matt Farrugia



AIHL: NORTHSTARS CROWNED MINOR PREMIE

::NBN NEWS

NEWCASTLE STRAIGHT THROUGH TO SEMI-F

Pat Farmer's

QUICKSAND

Central Coast Australia



Next Year
Sunday 29th August, 2027.
To be confirmed



Pat Farmer's

QUICKSAND

Central Coast Australia



*Lucky Door Prizes.
Check your raffle ticket*

Pat Farmer's

QUICKSAND

Central Coast Australia

Rotary
Club of Gosford North



Thank You



Adam Crouch MP

